



Interview with Sheva Carr

February 2007

Q. What years and where did you study with Friends World?

A. 1989-1990 North America Center, Latin America Center, Costa Rica, and Nicaragua

Q. What was your favorite center and why?

A. I loved being on campus at the North America Center in Huntington, Long Island for our orientation. It was an oasis of natural beauty, and a dream come true to walk around in a Garden of Eden with people from all over the world speaking different languages and wearing different cultural “costumes” all living together in harmony, respect for, and fascination with one another.

Q. What is your most memorable single experience with the Friends World Program?

A. Obviously being reunited with the street children I worked with (see links below)

Q. What are you doing now?

A. (See links below!)

Q. How did Friends World help you to achieve your goals?

A. It was a context, through global and experiential education, in which my deepest values could be transformed from mere concepts into fully actualized ideals. Friends World gave me the playground in which to play out my beliefs that we are one human family – that we as individuals have the power to impact one another with our love – and that in so doing we can completely change the course of individual lives, as well as our collective history.

Q. What advice do you have for current and prospective students?

A. There are only three things that you need when you want to actualize a dream. With these three things you can accomplish anything. **One:** The farsighted vision of where you are going. Those are your compass. **Two:** The nearsighted vision of your next step. Those are your headlights. I never met a set of headlights that could shine all the way from LA to San Francisco, but many have gotten me there a foot or two at a time. The **third** and most important thing of all that you must bring with you is your heart! It is your heart that gives you the courage to move in the direction that your headlights and

compass are pointing, even when you are surrounded by fog. If you listen, your heart will tell you everything. If you love, you will know everything you need to know when you need to know it. If you care from your heart, you will overcome any obstacle the physical world can dream to put in your way. So you must follow your heart. Not your sentimental heart, but the deeper part of you that is in contact with yourself as a part of something much larger than “you” that it is your privilege to contribute to and receive from. Care, act from care, follow what you most care about. That is what it means to follow your heart. And when you care, everything else you need will be there. Trust that each step forward that you take is bringing you to a destiny that you may not now be able to see. Trust that if you keep moving forward, all the puzzle pieces will one day come together into a bigger picture far more glorious than you can now imagine. Just keep putting one puzzle piece of your life after another in its place, from a place of love. Before long, you will have created a majestic mural, a masterpiece of a life. And your life will inspire that possibility for others.

Here is a link to my bio: <http://www.fyera.com/sheva.html>

And a link to the home page story of my time in Nicaragua with Friends World in 1989 and how it birthed the work of my non-profit more than a decade later: www.fyera.org

Here is a link to albums of pictures of me in Nicaragua both back in 1989, reunited with the children I worked with then in 2002, and then recently in December of 2006 delivering hundreds of backpacks with school supplies, medicine, toys, etc, and giving lectures all across the country (as well as filming a documentary about our work): <http://picasaweb.google.com/shevacarr>

You have my permission to use any of these photos and stories for your purposes! I hope this is all helpful, and please contact me if you need anything more. I love Friends World and all that it stands for.