

CRC HEALTH AND SAFETY AT A GLANCE

Safety Policies

The CRC semester includes travel to Turkey, India and Thailand. Sometimes changes in itinerary may be called for at short notice, in response to well-grounded concerns about safety. The safety of students is the program's top priority and, to that end, the Director, traveling Faculty Advisor and local coordinators seek advice on local conditions from local scholars and officials and from US embassies and consulates. The advice of the US State Department is a guiding factor at all times.

Drugs

Drug use threatens not only the health of students, but can easily lead to criminal charges. It also can jeopardize the standing of the entire group, as well as the reputation of our hosts. If you feel unable to refrain from using illegal drugs during the year, then please withdraw from the program. Please also refer to the "Five Agreements" for more on the prohibition of drugs on CRC.

Emergency Procedures

If a travel warning is issued, students will be evacuated from the country in due course once it is safe to do so. We encourage all students to subscribe to the U.S. Department of State Travel Warnings (DOSTRAVEL) electronic mailing list by sending an email to: listserv@lists.state.gov type in the message body "SUBSCRIBE DOSTRAVEL YOURNAME" (omit the quotation marks and leave subject blank). You can also use the online subscription form at: www.state.gov/www/listserve/cms.html. It is good practice to keep a copy of your passport and entry stamp with you when you travel and in a separate bag from your wallet in case your passport is lost in transit.

Recreational Travel

For their own safety, students are not permitted to travel to countries with State Dept. travel advisories or to areas with high health or safety risks even if such travel is for recreational purposes and/or during semester breaks. If a student travels to one of those countries she/he will be automatically out of the Program.

Health/Medical Information

Mandatory International Health Insurance

Students will receive their health insurance cards and a policy handbook upon their arrival to Taiwan. The mandatory international health insurance fee will be automatically applied to a student's tuition bill. All students will be charged for international health regardless if they are covered under a parent's policy. The fee for 2008-2009 is \$275 per semester. It is important to emphasize that except for long term hospitalization; students must pay out of pocket, and then submit a claim to the insurance company for reimbursement. The percentage covered and deductibles are outlined in the policy handbook: <https://secure.visit-aci.com/Documents/BR32201388.pdf>. In other words, it is important to bring some extra money (credit cards also work fine) to cover any medical emergency.

Immunizations

Global College of Long Island University *requires* all enrolled students to have certain standard immunizations (listed on the “Health Examination Form” enclosed in the deposited student mailing). For other vaccinations for international travel, go to <http://www.cdc.gov> and perform a search under the countries we will be visiting to see what inoculations and other prophylaxes are required and/or suggested. Consult your doctor, local clinic or health department early, as some series of vaccinations may take weeks. Please discuss the potential side effects of particular malaria prophylaxes with your medical professional. Students should travel with the “International Certificate of Vaccination.” This booklet will contain a record of all your vaccinations.

The main immunizations recommended for the countries visited are: Hepatitis A, Hepatitis B, Polio booster, and Typhoid.

Although yellow fever is not a disease risk in India or Thailand, the government requires travelers arriving from countries where yellow fever is present to present proof of yellow fever vaccination. If you will be traveling to one of these countries where yellow fever is present before arriving in India or Thailand, this requirement must be taken into consideration.

AIDS Awareness

There is no such thing as a high-risk group – there is only high risk behavior. Using a condom protects against HIV and other sexually transmitted diseases, but is never a guarantee. Please take the necessary precautions to avoid becoming infected with this or any STD.

Personal Medications

It is recommended that you bring required medications for the duration of the program, as it is difficult to find most North American medications overseas under the same product or name brand. **Please carry copies of your prescriptions**, especially if you are on long-term prescription medication. This helps if you happen to be stopped for a Customs inspection. **Bring strong sunscreens and DEET-based insect repellents with you.** Additionally, tampons can be difficult to find in Thailand and, even more, India so bear that in mind when purchasing such items in the U.S. or Taiwan.

Help Available in the United States

The Citizens Emergency Center in the State Department’s Bureau of Consular Affairs provides emergency services relating to the welfare of Americans arrested or detained abroad, searches for Americans missing overseas, transmission of emergency messages for Americans to their next of kin and transfer of private funds to US posts abroad for delivery to destitute Americans. Assistance at the Citizens Emergency Center is available Monday through Friday from 8:15 am to 10:00 pm at (202)-647-9019.

For Overseas American Citizen Services in the United States call (202)-647-7899. If calling from overseas dial (888) 407-4747 or on a regular toll line dial (317) 472-2328.